

Memories Café at Winchcombe Place

Upcoming Activities 2017

These friendly drop in sessions are designed to provide support for people living with Dementia, their Carers and family members. They are a place to find support, share concerns, celebrate and take part in activities in a comfortable, relaxed environment and enjoy complimentary Tea or Coffee and a slice of cake.

Memories Café will be held on the last Friday of every month between 10.30am and 12.30pm in Winchcombe Place Coffee Shop, no need to pre-book.

Should you have any questions about Memories Café please contact Claire or Liz on 01635 275400.

Date	Activity	
Friday 31st March		<p style="text-align: center;">Rock Around The Clock!</p> <p>A fun but gentle chair based exercise session to old time songs you can sing along to, then a well-deserved break for tea and cake</p>
Friday 28th April		<p style="text-align: center;">Group Sing along with the Doylettes.</p> <p>A fun and relaxed sing along with lots of your old favourites</p>
Friday 26th May		<p style="text-align: center;">Pots and Plants</p> <p>Come along and plant a flower in the comfort of the coffee shop after a chat and refreshments. The flower you pot is yours to take away.</p>
Friday 30th June		<p style="text-align: center;">Oh I do like to be beside the seaside....</p> <p>Reminisce about holidays, make sandcastles in the sand, paddle your feet in the pool and enjoy an ice cream whilst singing sunny songs</p>

Memories Café is held at Winchcombe Place Care Home, Maple Crescent, Newbury, Berkshire, RG14 1LN. Tel: 01635 275400